



Invitation to
25- years
Anniversary Conference
Swedish McKenzie Institute

31 mars - 1 april 2017
Aros Congress Center, Västerås



Sektionen för
Mekanisk Diagnostik
och Terapi (MDT)

Welcome to the Swedish McKenzie Institutes Anniversary Conference March 31 - April 1 2017!

Registration is open via this link http://www.trippus.net/anmälan_2017

Prices: Early Bird (until Jan 15th): 3125 SEK, thereafter: 4375 SEK Book your accommodation with special price (single bedroom 950 SEK, double room 590 SEK at First Hotel Plaza via the same link

Programme

Day 1 - Friday March 31

8.30 Registration and Coffee

9.30 Welcome by Chairman of the Swedish Branch, Gunilla Limbäck Svensson

9.35 Official opening by Chairman of the Physiotherapist Federation, Stefan Jutterdal

9.45 Behavioral medicine in Physiotherapy-importance of Change.
Moderator Professor Anne Söderlund,

10.10 Psychological Yellow Flags and Risk Factors in Musculoskeletal Pain
Tamar Pincus, Professor in Health Psychology

10.40 Psychological Intervention in Musculoskeletal Pain
Tamar Pincus

11.10 Pause

11.20 MDT, CBT (KBT) and Motivational Interviewing (MI)
Hans van Helvoirt, PT, Dip.MDT, International Instructor

12.00 Lunch

13.20 Identifying distressed patients, workshop
Tamar Pincus

14.30 Panel Discussion
Anne Söderlund, Tamar Pincus och Hans van Helvoirt

14.55 Pause

15.00 Persistent Low Back and referred leg Pain: Diagnosis by Subtraction
Mark Laslett,

15.30 Fika/Coffee

16.15 Cause of pain in non-centralizers: McKenzie's Three Syndromes revisited
Mark Laslett

17.00 Årsmöten /Annual Meeting
Svenska McKenzieinstitutet och MDT-sektionen

19.00 Anniversary dinner with dance and Anniversary Speech by Mark Laslett.



Scott Herbowy



Anne Söderlund



Mark Laslett



Tamar Pincus



Hans Van Helvoirt

Day 2 - Saturday April 1

9.00 The Mechanical Inconclusive Patient, Assessment and Handling. Scott Herbowy, PT, Dip. MDT, International Instructor.

9.30 What if the patient doesn't centralize? Hans Von Helvoirt

10.15 - 10.45 Fika/Coffee

10.45 Patient Assessment (Inconclusive or MUR - Mechanical Unresponsive Radiculopathy)
Scott Herbowy

11.45 The Influence of Centralization and Directional Preference on Spinal Control in Patients with Nonspecific Low Back Pain
Hans van Heilwoort

12.15 MDT and Occupational Healthcare (In Swedish)
Calle Lindqvist PT, Dip. MDT
Daniel Lindberg, PT, Cert MDT

12.30 - 13.45 Lunch

13.45 Update on Lower Extremities
Scott Herbowy

14.15 Patient Assessment with Hip Patient
Scott Herbowy

15.15 Fika/Coffee

15.45 Differentiation of Hip vs Lumbar

16.30 Conference concludes, evaluation and Conference Certificate
Gunilla Limbäck Svensson



AROS CONGRESS CENTER



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